

3. Download manuals and examples

(from within the PRIMER software)

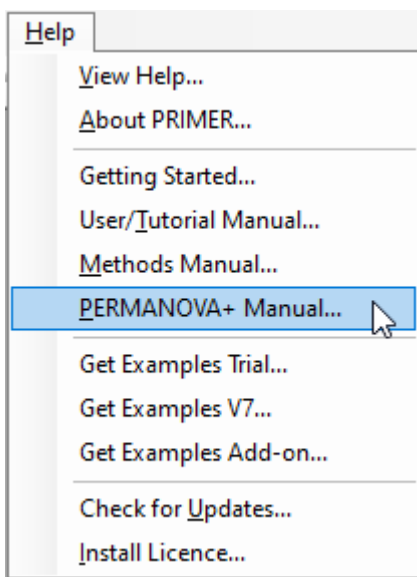
- [Download manuals](#)
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Download manuals

The following **manuals** can be downloaded from within the software itself:

- **Getting Started...**: Clarke, K.R., Gorley, R.N. (2015) Getting started with PRIMER v7. PRIMER-e: Auckland, New Zealand.
- **User/Tutorial Manual...**: Clarke KR, Gorley RN (2015) PRIMER v7: User Manual/ Tutorial. PRIMER-e: Auckland, New Zealand.
- **Methods Manual...**: Clarke KR, Gorley RN, Somerfield PJ, Warwick RM (2014) Change in marine communities: an approach to statistical analysis and interpretation, 3rd edition. PRIMER-e: Auckland, New Zealand.
- **PERMANOVA+ Manual...**: Anderson MJ, Gorley RN, Clarke KR (2008) PERMANOVA+ for PRIMER: Guide to software and statistical methods. PRIMER-e: Auckland, New Zealand.

You must be connected to the internet to download the manuals. Simply click on the **Help** menu item in PRIMER, then choose which manual you wish to download as a pdf. Each of these manuals are a substantial tome and together these will provide you with virtually all the information you will need to run the routines, analyse your data, produce graphics and interpret relevant output.



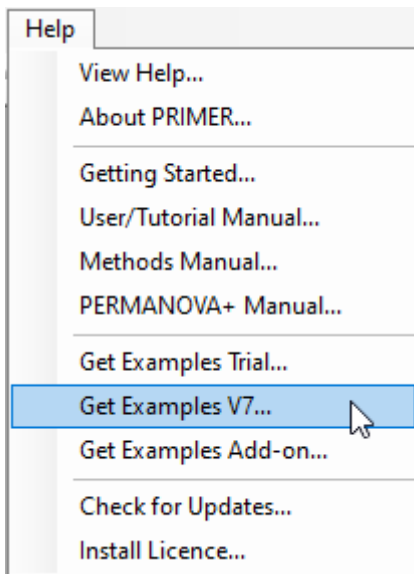
Once downloaded the manuals can then be read and searched (at any time, whether you are connected to the internet or not) and can be printed, if you wish, for your own personal use. The manuals are also freely available for perusal on our website's [Learning Hub](#).

Please note that the PERMANOVA+ Manual will only be available from within the software if you have purchased the PERMANOVA+ add-on (see '[How do I know if I have the PERMANOVA+ add-on?](#)').

Download example data

The **Help** menu item in PRIMER has options to retrieve folders that contain a large number of example datasets. These include:

- **Examples Trial...**: available when the software is in free-trial mode;
- **Examples V7...**: to accompany the base PRIMER package; and
- **Examples add-on...**: to accompany the PERMANOVA+ add-on package.



You can save these to a folder of your choice when prompted. These datasets provide a wealth of examples from the literature, and they are referred to extensively throughout the manuals.

We highly recommend working slowly through the manuals and replicating the examples given there with the example datasets provided as an excellent way to familiarize yourself with the program and its many routines. Example datasets are also used extensively in our international workshops. For details of upcoming workshops across the globe, consult our website:

<https://www.primer-e.com>.